



# June Storm Recovery

June 2025

## 1. Immediate Needs

The storm may have impacted your day-to-day necessities including access to shelter, food, and water. Contact the American Red Cross for immediate needs: 1-800-722-2767

## 2. Damage Assessments

Contact the American Red Cross to conduct a damage assessment at 1-800-722-2767  
Contact your local NDSU Extension agent for agriculture damage assessment.

## 3. Document and Submit Insurance Claims

Work to submit homeowner's insurance claims by providing documentation and photos of damage. See the ND Insurance Department for a post-disaster checklist or for help.

## 4. Safely Clear Debris

Disasters can cause or expose dangerous elements including sewage, asbestos, mold. Learn how to stay safe as you clear debris from your property.

## 5. De-stressing and Asking for Help

Disasters can cause trauma and stress. Give yourself space and grace on the road to recovery, and ask for help when you need it.

*See these and the full list of information, programs, and resources that can help you navigate the road to recovery*

