



# Impacted by Tornadoes and Storms North Dakota or Minnesota?

**Call 1-800-RED CROSS**  
(1-800-733-2767)

## **Food & Supplies**

Working with partners, we bring meals, snacks, and relief supplies to hard-hit areas areas.

## **Health & Emotional Support**

We help replace lost meds, provide basic care, and offer disaster counseling and emotional support.

## **Recovery**

Caseworkers listen, offer recovery help, and connect you to local resources.

