**COMPLIANCE**

<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Adhere to ND Department of Health Recommendations and Resources for the Public</td>
<td>Risk levels and the statewide color-coded health guidance system provide situational awareness to help make informed decisions and adjust guidelines for businesses and event planners in order to prevent further spread and impact of the virus in communities; especially among vulnerable populations. Recommendations are intended to supplement and not replace local mandates. All local mandates must be followed. ND Smart industry-specific protocols are available at: <a href="https://ndresponse.gov/covid-19-resources/covid-19-business-and-employer-resources/nd-smart-restart/nd-smart-restart-protocols">https://ndresponse.gov/covid-19-resources/covid-19-business-and-employer-resources/nd-smart-restart/nd-smart-restart-protocols</a></td>
</tr>
<tr>
<td>Tribal Areas</td>
<td>Any business located within the exterior boundaries of a reservation is subject to additional requirements under tribal law.</td>
</tr>
</tbody>
</table>

**MOVEMENT AND ACTIVITY**

| Social Distancing | Limit occupancy of indoor and outdoor spaces and gathering sizes to follow social distancing guidelines. If there is no way to control access of entry (egress) of outdoor spaces, spread out activities to double the normal footprint. In addition to the following general guidance on gathering sizes, visit ND Smart industry-specific protocols for recommendations based on type of business or operation. **ALL RISK LEVELS**  
- Always maintain 6-ft of social distancing.  
- Wear face coverings.  
- Contactless/electronic payment is preferred.  
- Provide plexiglass or other physical separation at point of service (e.g. cashiers), when feasible.  
- Provide signage and mark 6-ft increments where lines form.  
- Six feet of distance between tables.  
- Use outdoor spaces when feasible.  
- Follow ND Smart industry-specific protocols.  
(CONTINUED ON NEXT PAGE) |
**Social Distancing**

**Red/Critical Risk Level** — Only essential workers as defined by the [United States Department of Homeland Security](https://www.dhs.gov) and essential travel are open.
- Require face coverings

**Orange/High Risk Level** — Only essential workers and essential travel are recommended. For businesses choosing to remain open, the following guidance is strongly recommended:
- Require face coverings
- All non-essential businesses are limited to 25% of the rated room capacity while social distancing. Limit individual family groups/party sizes to one household or fewer than 10 people per party.
- Outdoor spaces follow industry-specific Smart Restart protocols
- Operators should post their temporary occupancy limit prominently on all entrances.
- High-risk individuals and their caregivers should avoid crowds and large gatherings.
- Cancel gatherings of any size where social distancing cannot be maintained.

**Yellow/Moderate Risk Level** — Non-essential services and travel may be considered with caution. The following guidance is strongly recommended:
- Require face coverings
- All non-essential businesses are limited to 50% of rated room capacity but no more than 100 people while social distancing. Limit individual family groups/party sizes to one household or max of 10 people per party.
- Outdoor spaces follow industry-specific Smart Restart protocols.
- Operators should post their temporary occupancy limit prominently on all entrances.
- High-risk individuals and their caregivers should avoid crowds and large gatherings.
- Cancel gatherings of any size where social distancing cannot be maintained.

**Green/Low Risk Level** — Non-essential services and travel may be considered with fewer restrictions. The following guidance is strongly recommended:
- Strongly recommend or require face coverings.
- All non-essential businesses are limited to 75% of rated room capacity but no more than 200 people while social distancing. Party sizes may be more than 10 people.
MOVEMENT AND ACTIVITY

Social Distancing

- Outdoor spaces should follow industry-specific Smart Restart protocols.
- Operators should post their temporary occupancy limit prominently on all entrances. Posting templates are available at ndresponse.gov.
- High-risk individuals and their caregivers should take extra precautions to avoid crowds and large gatherings.

Blue/New Normal Level — Most normal occupancy activity can resume with heightened cleaning, standard precautions and awareness of health guidelines.

Workplace Activity

ALL RISK LEVELS

- Wear face coverings
- Post signage at all entrances of the facility informing all employees and customers to follow everyday prevention practices:
  » Stay home when sick.
  » Wear face coverings.
  » Maintain 6-ft of social distancing.
  » Clean hands often.
  » Cover coughs and sneezes.
- Post signs at all entrances clearly indicating that no one may enter if they have symptoms of respiratory illness.
- Set specific shopping/business hours specifically for customers that are at higher risk.
- Train staff on employee health and safety protocols required by the business.
- Make accommodations for high-risk employees to work remotely or assign job tasks that minimize public interaction.
- Contactless/electronic payment systems are preferred.
- Minimize handling cash, credit cards, reward cards, and mobile devices where possible.
- When exchanging paper and coin money:
  » Provide employees hand sanitizer or easy access to a hand washing facility. **Clean hands frequently.**
  » Do not touch your face afterward.
  » Ask customers to place cash on the counter rather than directly into your hand.
  » Place money directly on the counter when providing change back to customers.
  » Wipe counter between each customer at checkout.
- Follow **ND Smart industry-specific protocols.**

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## EMPLOYEE AND CUSTOMER SAFETY AND TRUST

### Personal Protective Equipment (PPE)

**ALL RISK LEVELS**
- Provide face coverings for all employees.
- Strongly recommend or require use of face coverings.
- Train staff laundering towels and cleaning equipment to properly wear and maintain safe use of Personal Protective Equipment (PPE). Follow OSHA requirements for the job tasks when required.
- Follow ND Smart industry-specific protocols.

### Hygiene and Cleaning

**ALL RISK LEVELS**
- Develop enhanced cleaning protocols for workstations, tables, equipment, restrooms, and other high-touch surfaces.
- Contactless/electronic payment systems are preferred or, if not feasible, disinfect all payment portals, pens and styluses after each use.
- Provide employees easy access to soap and water for handwashing or access to hand sanitizer before entering/leaving job sites and at cashier locations.
- Provide hand sanitizer at or near the entrance and cashier locations for use by the public.
- Provide effective disinfectant at or near the entrance to clean shopping carts.
- Keep chemicals out of reach of small children.
- Follow ND Smart industry-specific protocols.

### Special Measures

**ALL RISK LEVELS**
- Develop policies and procedures for prompt identification and isolation of sick staff and customers.
- Encourage customers to download the Care19 Apps to increase success levels with contact tracing. [BeLegendary.link/Care19](BeLegendary.link/Care19)
- Encourage testing for symptomatic employees and asymptomatic close contacts identified in the workplace.
- Ensure that ventilation systems of indoor spaces are operating properly and increase introduction of outdoor air as much as possible.
- Follow the guidance from the Environmental Protection Agency (EPA).
- Follow ND Smart industry-specific protocols.

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Updated: 10/14/2020 4:30 p.m.
COMPLIANCE

Also Adhere to General Standards for all Industries

It is critically important that jurisdictions continue to monitor local health criteria (number of cases reported, risk of transmission, level of community spread) and take necessary precautions to protect vulnerable populations to safely determine health guidance and mitigation measures. Recommendations are intended to supplement and not replace local mandates. All local mandates must be followed.

MOVEMENT AND ACTIVITY

Social Distancing

Red/Critical Risk Level — Only essential workers as defined by the United States Department of Homeland Security and essential travel are open.

Orange/High Risk Level:
• Require face coverings for employees.
• Require face coverings for members and patrons (following CDC guidelines).
  » People who are engaged in high intensity activities, like running, may not be able to wear a mask if it causes difficulty breathing. If unable to wear a mask, consider conducting the activity in a location with greater ventilation and air exchange (for instance, outdoors versus indoors) and where it is possible to maintain physical distance from others.
• Group fitness classes with high inhalation/exhalation exchange in confined spaces (e.g. high-impact aerobics, spin) are not recommended
• Limit number of people to 25% of rated occupancy of the facility or up to 50 people for using tracks, courts, fitness equipment, strength training, etc.
• Omit or deter use of fitness equipment unless 12 feet between users e.g., mark every other closed; avoid equipment facing each other, etc.
• Manage customer entry points. Provide markers for lines to allow minimum of 6 feet separation
• Close or cordon off gathering areas like vestibules, seating areas, bleachers, etc. where people can congregate
• Indoor playground equipment may be open if closely monitored by staff. Limit groups to less than ten children from the same class or family group.
• Implement measures, including signage, discouraging contact sports and games. For example, basketball courts may be open to “shoot hoops,” but full-contact games should be discouraged.
• Follow COVID-19 childcare guidance for drop-in childcare.

(CONTINUED ON NEXT PAGE)
## MOVEMENT AND ACTIVITY

### Social Distancing

- Limit group sports in interior spaces, including participants on the bench and fans in the audience. Follow the NDDoH recommendations for sports and CDC guidelines.
- Outdoor youth sports may be considered if following NDDoH recommendations for sports and CDC guidelines.
- Follow Smart Restart protocols for pools and water venues.
- Limit use of saunas, jacuzzi, hot tubs and steam rooms to one person per 100 SF. This may mean one person or one family at a time. Consider using a reservation system to control access during times of high demand.

**Yellow/Moderate Risk Level:** Orange protocols are strongly recommended with the following exceptions:

- Limit number of people to 50% of rated occupancy of the facility or up to 100 people for using tracks, courts, fitness equipment, strength training, etc.
- Limit size of group fitness classes with high inhalation/exhalation exchange, e.g. aerobics and spin to 10 patrons unless room size can accommodate one participant/staff per 144 square feet (SF) or 12’x12’ grid; provide floor markings if possible.

**Green/Low Risk Level:** Yellow protocols are strongly recommended with the following exceptions:

- Limit number of people to 75% of rated occupancy of the facility or up to 200 people for using tracks, courts, fitness equipment, strength training, etc.
- Group fitness classes with high inhalation/exhalation exchange, e.g. aerobics and spin may be considered following 6-ft social distancing guidance.
- Indoor playground equipment may be considered for use by multiple families or classrooms if closely monitored by staff while social distancing.

**Blue/New Normal:**

- Normal occupancy and activities can resume, with heightened cleaning, standard precautions and awareness of health guidelines.

### Workplace Activity

**All Risk Levels:**

- Require face coverings for employees.
- Require face coverings for members and patrons (following CDC guidelines).
  - People who are engaged in high intensity activities, like running, may not be able to wear a mask if it causes difficulty breathing. If unable to wear a mask, consider conducting the activity in a location with greater ventilation and air exchange (for instance, outdoors versus indoors) and where it is possible to maintain physical distance from others.

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### Movement and Activity

- Develop or encourage online fitness participation.
- Set specific shopping/business hours for only customers that are at higher risk. Allow 15 minutes of cleaning between classes.
- Each facility should have an appointed attendant or employee to ensure that guidelines are followed.
- Pre-registration for use of equipment, tracks, courts, fitness class(es) is recommended with special instructions and self-verification process e.g. first-come-first serve with set duration (one hour) workout periods.
- Maintain a log of customers and their contact information for 30 days in the event contact tracing is needed.
- Cancel indoor group fitness classes with high inhalation/exhalation exchange if unable to follow health guidance.
- Suspend 24-hour facility access unless monitored by staff when open to the public and areas of the facility, equipment, bathrooms, locker rooms and shower facilities are closed daily for cleaning.
- Encourage patrons to bring water bottles. Water fountains (if open) should be cleaned before and after each use.
- Only allow shower and locker room use if limited to 10 people at a time or partitions are in place, and signs are posted for face coverings and social distancing.
- Personal trainers and client 6-ft social distancing; trainer wearing a mask.
- Limit group sports in interior spaces, including participants on the bench and fans in the audience. Follow the NDDoH recommendations for sports and CDC guidelines.
- Outdoor youth sports may be considered if following NDDoH recommendations for sports and CDC guidelines.

### Employee and Customer Safety and Trust

#### Personal Protective Equipment (PPE)

- **All Risk Levels:**
  - Require face coverings for employees.
  - Require face coverings for members and patrons (following CDC guidelines).
  
    » People who are engaged in high intensity activities, like running, may not be able to wear a mask if it causes difficulty breathing. If unable to wear a mask, consider conducting the activity in a location with greater ventilation and air exchange (for instance, outdoors versus indoors) and where it is possible to maintain physical distance from others.
  - During sporting events, camps and practices, require face coverings for coaches, staff, fans, and players not in play.
  - Train staff laundering towels and cleaning equipment to properly wear and maintain safe use of Personal Protective Equipment (PPE).

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### Hygiene and Cleaning

**All Risk Levels:**
- Develop enhanced cleaning protocols. Close areas of the facility, equipment, bathrooms, locker rooms and shower facilities at an appropriate time during each day to allow adequate cleaning of high-touch surfaces.
- Schedule fitness classes to allow staff adequate time (at least 15 minutes) to clean equipment and surfaces before each class.
- If open, indoor playground equipment is monitored with heightened hygiene and cleaning standards under staff supervision.
- If open, locker room and shower facilities are monitored with heightened hygiene and cleaning standards under staff supervision.

### Special Measures

**ALL RISK LEVELS**
- Encourage customers to download Care19 Apps to increase success with contact tracing. [BeLegendary.link/Care19](https://BeLegendary.link/Care19)
- Increase ventilation and air exchange with outdoor air. If fans or hair dryers are used, make sure air from fan/dryer is not blowing directly from one person toward another.
- Refer to ND Smart Restart protocols for pools and other water features.
- Limit group sports in interior spaces, including participants on the bench and fans in the audience. Follow the [NDDoH recommendations for sports](https://www.nd.gov/covid-19/sites/default/files/nndo04182020_0.pdf) and [CDC guidelines](https://www.cdc.gov/coronavirus/2019-ncov/community/preschool-sports-activities.html).
- Outdoor youth sports may be considered if following [NDDoH recommendations for sports](https://www.nd.gov/covid-19/sites/default/files/nndo04182020_0.pdf) and [CDC guidelines](https://www.cdc.gov/coronavirus/2019-ncov/community/preschool-sports-activities.html).